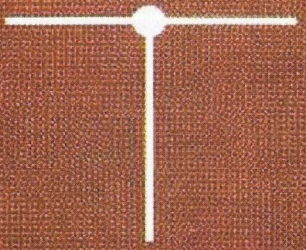


HEIAN GODAN



Embusen



Rei



Kamae



13. Gedan barai ↑



14. Haishu uke



15. Mikazuki geri ↓



16. Empi uchi



1. Uchi uke →



2. Gyaku zuki



3. Mizu nagare →



4. Uchi uke ←



17. Morote uke ↓



18. Tsuki age



19A. Salto KIAI



19B. Yui uke



5. Gyaku zuki



6. Mizu nagare ←



7. Morote uke ↓



8. Yui gedan ↓



20. Morote uke ↑



21A. Shuto uchi Nagashi uke ↓



21B. Uchi uke Gedan barai



22. Kamae ↑



8. Yui gyodan



10. Ryosho osae uke



11. Uke zuki gedan



12. Oi zuki ↓ KIAI



23A. Shuto uchi Nagashi uke



23B. Uchi uke Gedan barai



Kamae



Rei